





Jewish Family Services
Annual Report: 2018 – 2019





Jewish Family Services was founded on the concept of Tikkun Olam, repairing the world through acts of kindness and dedicated service. It reminds us that our community is only as strong as we work to make it.

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Steve Parkins Chief Financial Officer In our 170th year, we understand our work has only been achieved through a constant focus on the JFS mission, dedication to working with partners, and the commitment of outstanding staff, donors and volunteers. Whether nursing neighbors with Tuberculosis, resettling Jewish families to help them find a home and new way of life or providing support to college students facing challenges in a turbulent time, JFS has always strived to provide support and assistance where and when they are needed. This year we are proud to continue this tradition of timely and innovative care.

This was the pilot year for the Richmond Jewish Care Line, a partnership formed in the Jewish Community with JFS providing those experiencing a crisis confidential access to services and limited financial assistance. In the first year, over 13 families and 27 **individuals were helped** with critical resources to become stable while they work through a life challenge.

On May 19th, JFS and Connecting Hearts sponsored our first match event to help find forever homes for children in foster care. At the end of the day, seven potential **families were formed** including a wonderful sibling group of three.

In April, JFS began our service to the East End with the very first Personal Care Aide school. Fourteen **women were empowered** with training that led to direct employment and they graduated with over 70 family members and friends cheering them on.

We are privileged to carry on the mission inspired in 1849. We invite you to join us in celebrating JFS on October 6th. Most of all, we thank you for helping us *Transform Lives and Strengthen our Community*.

RON

Ronald Felmus Board President



Wendy

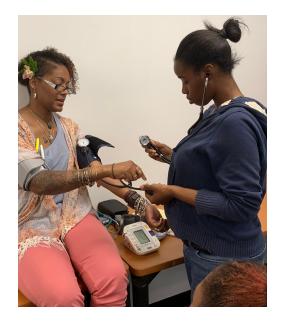
Wendy Kreuter
Chief Executive Officer



Celebrating 170 Years

Remembering our past; Looking Forward to our Future You're Invited!
October 6, 2019, 4 to 6 pm
Virginia War Memorial

Expanding Our Reach, Transforming More Lives



East End PCA School

Dreaming for the Future

Training Personal Care Aides (PCAs) from the East End in the East End has been JFS' dream for over two years. The dream was made possible by a gift from a local donor and partnerships with many East End organizations. This April, fourteen East End residents challenged themselves to begin a new career as PCA. Many faced exceptional challenges during the course but persevered for themselves and for their families. This truly was a dream come true for JFS and our graduates.



Off-site Counseling

Meeting Seniors 'Where They Are'

Social isolation and loneliness for seniors trigger negative mental and physical challenges. In addition, the frequent life transitions they face can lead to poor outcomes without supportive social and mental health services. To help, JFS now offers counseling services at fourteen assisted and senior living centers in the Richmond Metro area. We meet seniors where they are with the services they need to fight social isolation and loneliness.



1422

Clients Served



131,510

Hours of Service Provided



63%

Of Clients Earn under \$24,000

Home Care



Patricia committed her life to her family and to the Richmond community. As a mother, she raised her four children. As a Richmonder, she touched her community as one of the founders of "Arts in the Park" and was the head organizer until she was 79 years old. In December 2017, she was diagnosed with Alzheimer's disease. Paige is Patricia's eldest child and initially, she and her siblings managed their mother's care on their own. Over the next year, Paige watched her very active mom stop going out and doing the things she loved, so she called IFS Home Care.

"My mom would turn to Dorothy before she left in the evenings and say, 'See you tomorrow!

You're coming back tomorrow, right?!'"

Vera, JFS Nursing Director, visited and assessed Patricia's needs and soon after Dorothy, JFS PCA, started. Paige knew her mom would be hesitant having a caregiver, so at first they told her that Dorothy was there to help around the house. But within a week, Patricia would turn to Dorothy before she left in the evenings and say "See you tomorrow! You're coming back tomorrow, right?!" Dorothy had engaged her, taking her on outings and establishing routines.

Patricia had a companion and Paige had peace of mind. Paige explains, "What they don't tell you is how the caregiver becomes a part of your family. They know the good and the bad. Dorothy knows what triggers my mom and how to calm her down. It's really helpful to have an outsider's view. My whole goal for my mom was ensuring her safety, happiness, and health. Now, I go to work feeling safer."

Care Management

Wes is a charming man who makes friends easily and cares deeply for those around him. He was born with Cerebral Palsy and benefits from help in making medical decisions and navigating the more complex issues in life. As an only child, Wes was very close with his parents and lived with them through adulthood. His mother passed away in 1997 and when his father died in 2009, Wes moved to a group home. JFS joined Wes's care team to provide individualized support reaching his goals to be active and engaged. For the last decade, JFS Care Managers have helped Wes coordinate his medical needs and attend appointments, facilitate outings to his favorite social activities, including his annual Birthday Bash, and serve as his counsel and support when he is struggling with life's stressors.

"Without JFS to fall back on, I wouldn't be a shining star."

Family is very important to Wes and his favorite annual activity is his weeklong visit to Savannah to see his cousin Blake. This year was an especially important visit for Wes because he had been struggling with his ongoing grief over the loss of his parents and stopped engaging with others. As his trip planning began, he got a bit more "pep in his step" and started socializing more with friends and neighbors. For the rest of the year, the JFS Care Managers strive to serve as his surrogate family. He is looking forward to his next adventure when he and his Care Manager, Veronica, brave the crowds at the upcoming "Earth, Wind and Fire" concert. In Wes's words, "Without JFS to fall back on, I wouldn't be a shining star."



Counseling



Gini has lived with a mood disorder for over half of her life and has had some difficulties along the way, but with the right support, she has reached her goals. Eighteen years ago, Gini's doctors saw that medication alone wasn't enough to manage the challenges of daily life and referred her to Phyllis McCafferty, LCSW and JFS Senior Clinician for weekly counseling. For the next decade, Phyllis helped Gini build skills so she could maintain a job and fulfill personal relationships.

"When you're at JFS, you have the whole agency behind you."

Three years ago, Gini went through an especially tough time and had to step back from her job as an after-school supervisor. Gini went on Medicare and had a limited disposable income to support her mental health recovery. Gini explains, "If JFS didn't accept Medicare I wouldn't be able to continue working with Phyllis – which would have been really bad. JFS worked with me to ensure I received the care I needed even when I couldn't afford it. When you're at JFS, you have the whole agency behind you." For the next two years, Phyllis called Gini every day reminding her to take her medication. At her appointments, Phyllis and Gini would write sticky notes to help her organize her days and reminding her to do daily tasks.

After a lot of hard work, Gini is beginning a new chapter in her life. She is reestablishing routines and setting goals, like learning how to type and starting to volunteer. "This wouldn't be possible without Phyllis," explains Gini, "She is a life saver."

Adoption

Tanya and Jackie loved everything about being parents to their two older children and have always wanted a large family. Despite their joy, they felt their family was not complete. Three years ago they learned of a family member who was pregnant and unable to care for her child. She did not feel emotionally or financially stable to properly parent. She chose Tanya and Jackie to adopt her child and they were thrilled at the prospect of becoming parents again.

"Kristie, JFS Adoption Social Worker, truly is a blessing."

During a winter storm, Tanya and Jackie welcomed their child into the world and their family. They were able to be present for the birth and worked with the hospital social worker to bring their child home.

Tanya and Jackie were over the moon to welcome a third child into their growing family, but there was still a lot to do.

Months later, the hospital social worker told Tanya and Jackie that JFS had grant funds to help with the adoption process. Tanya explains, "Kristie, JFS Adoption Social Worker, told us that they received a grant from Diversity Richmond to help cover some of the cost; but, it wasn't enough." In 2019, JFS contacted Tanya and Jackie and told them that in addition to the Diversity Richmond grant, JFS received a gift from a private donor which combined covered the cost of the home study." JFS adoption staff also contacted a local attorney to provide free legal support, securing all expenses to finalize the adoption. Tanya says, "Kristie truly is a blessing."



Securing our Future

We are grateful for the generosity of our donors who make the JFS mission of Transforming Lives and Strengthening our Community possible.

For 170 years, JFS is honored that our donors choose to support our caring and compassionate work through their current gifts to JFS and legacy commitments to the JFS Supporting Foundation! These gifts will provide generations of care.



Founders Society

Celebrating Abundant Love and Charity

In the early 1900s, JFS chose the image of the sheaf of wheat and ring, symbolizing abundant love and charity, to put on their annual report.

Returning to that tradition, the JFS Founders Society is a community of likeminded supporters and friends of JFS who are committed to our mission and make an annual gift of \$5,000 or more. The Founders Society provides special opportunities for members to engage with each other and the work of JFS.



JFS' Past Presidents Luncheon

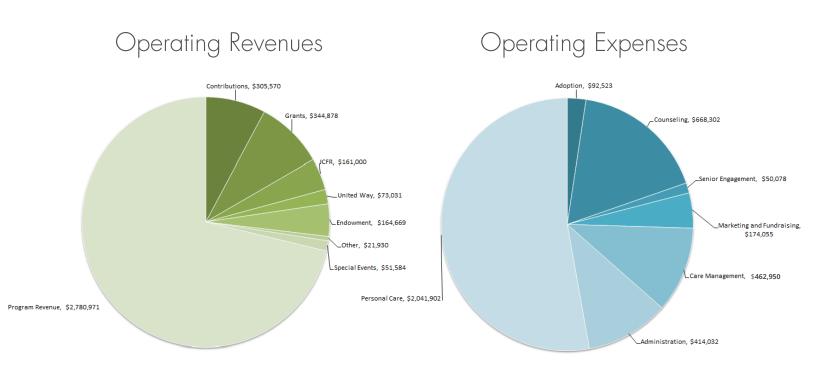


Life and Legacy Donors Celebrating at the Institute for Contemporary Art



This year, JFS celebrated Dr. Sydney Fleischer, Chief Operating Officer, for 30 years of service. Pictured with Sydney is Ellen Glass, a JFS Licensed Clinical Social Worker who also celebrated 30 years.

JFS 2017 - 2018 Financial Summary





For 170 years, Jewish Family Services has provided exceptional guidance and support to individuals and families of all ages, faiths and income levels. We take great pride in helping to change lives in productive and positive ways.

Thank you for being a part of making it all possible.

JFS IS PROUD TO PARTNER WITH:







jfsrichmond.org

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Transforming lives. Strengthening our community.